

APPENDIX 1 – Health and Wellbeing Scrutiny February 2023

The Health and Wellbeing Scrutiny Committee requested further information on how the council interacts with organisations who currently provide substance misuse, addiction, loneliness and isolation services in Tamworth.

The table below provides an overview of some of the organisations currently delivering services in Tamworth.

Organisation name	What does the organisation do?	How does the council interact with the service?	Access
Humankind (Staffordshire Treatment and Recovery Service - known locally as STARS)	STARS is a free and confidential service which provides support to individuals with substance misuse needs. Their aim is to reduce the risk of harm and assist clients to meet their individual goals.	The service is funded by Staffordshire County Council. TBC staff can signpost individuals to this service. Individuals can also self-refer into the service.	Email: <a href="mailto:humankind.starseast@nhs.net">humankind.starseast@nhs.net</a> Tel: 01283 741053
Betterway Recovery	Betterway Recovery provide the following addiction support services: <ul style="list-style-type: none"> <li>• Peer mentoring support by people who have been there</li> <li>• Phone Support</li> <li>• Group work looking at the problem and how to get to the solution</li> <li>• Multi-Agency support and introductions to local support groups</li> <li>• Preventative and awareness talks in local schools, colleges and community groups</li> <li>• A safe place to go</li> <li>• A holistic person-centred approach</li> <li>• Volunteer training and opportunities</li> <li>• Outreach work in the community</li> </ul>	Tamworth Borough Council support Betterway Recovery via Locality Deal Funding. TBC staff can signpost individuals to the service. Individuals can also self-refer into the service.	Solution focused support group runs in Tamworth on Tuesdays and Fridays 12.30pm until 14.00pm from Community Together CIC offices on Offa House Orchard Street.  Telephone helpline 07426 351853 Email: <a href="mailto:contact@betterwayrecovery.org.uk">contact@betterwayrecovery.org.uk</a>
Community Together CIC	Community Together CIC provide a range of services to the community alongside	TBC frontline staff can signpost individuals and families into the service.	E-mail: <a href="mailto:ctcicinfo@gmail.com">ctcicinfo@gmail.com</a>  Telephone 01827 59646

APPENDIX 1 – Health and Wellbeing Scrutiny February 2023

Page 23

	<p>access to other support services and guidance information. Services include:</p> <ul style="list-style-type: none"> <li>• Community hub/cafe in the Castle Grounds</li> <li>• activity sessions</li> <li>• job clubs</li> <li>• walking and cycling groups</li> <li>• befriending service</li> <li>• cooking initiatives</li> <li>• volunteering opportunities</li> <li>• arts and crafts sessions</li> <li>• dementia support</li> <li>• youth activities</li> <li>• coffee mornings and afternoons</li> <li>• singing for fun</li> </ul>	<p>TBC provide grant funding to support the service to offer additional meeting room space for other voluntary groups.</p>	
<p>C.H.O.I.C.E.S. CIC - community help offering individuals counselling &amp; equine services</p>	<p>Choices counselling service provides support to individuals, group work, family work and equine assisted psychotherapy.</p>	<p>The service may offer free of charge counselling, subject to a referral criteria being met. TBC have supported the organisation via a community grant.</p> <p>TBC staff can signpost individuals to this service.</p>	<p><a href="mailto:enquiries@choices-cic.org.uk">enquiries@choices-cic.org.uk</a></p>
<p>Changes</p>	<p>A user led mental health charity providing a recovery and wellbeing service to those in distress. The service is free to access and is not time limited.</p>	<p>TBC have supported through a community grant and also a peppercorn rent on the office space. TBC frontline staff can signpost individuals to the organisation.</p>	<p><a href="mailto:yvonnechanges@yahoo.co.uk">yvonnechanges@yahoo.co.uk</a></p> <p>Tel: 01827 311006</p>
<p>Samaritans</p>	<p>Provide a free telephone helpline for those who are upset, troubled or are feeling suicidal. They also provide outreach to schools and Swinfen prison.</p>	<p>TBC have supported via a grant for the sustainability of a Tamworth branch thus enabling the outreach activity programme</p>	<p><a href="#">Samaritans   Every life lost to suicide is a tragedy   Here to listen</a></p> <p>Free telephone helpline 116 123</p> <p>The Manor House Lichfield Street Tamworth Staffordshire B79 7QF</p>
<p>Mind</p>	<p>Burton and District Mind provide an out-of-hours 'Crisis Café' for people</p>	<p>TBC staff can signpost individuals to Sacred Heart Church for support. Funded via</p>	<p>Sacred Heart Church Silverlink Road</p>

APPENDIX 1 – Health and Wellbeing Scrutiny February 2023

	experiencing mental health distress in and around Tamworth. There is free refreshments, a listening ear and peer support.	Midlands Partnership Foundation Trust	<p>Glascote Heath B77 2EA</p> <p>Wednesday to Friday 4pm -11pm Saturday 9am -5pm Sunday 1pm – 9pm</p> <p>Email: <a href="mailto:safehaven@burtonmind.co.uk">safehaven@burtonmind.co.uk</a> Tel: 01283 566696</p>
Against the Odds Education and Awareness CIC	Support for gambling addiction, the organisation also provides education sessions within schools to raise awareness of the risks around gambling for young people	TBC funded via councillor grant. TBC staff can signpost to service.	<a href="https://againsttheodds.uk">https://againsttheodds.uk</a>
Toolbox - Staffordshire Network for Mental Health	Free emotional support service for individuals providing them with coping strategies to manage their emotional mental health	Funded currently by Big Lottery. TBC staff can signpost to service.	<p><a href="http://StaffordshireNetworkforMentalHealth.org">Staffordshire Network for Mental Health (snfmh.org)</a> For free support, call <b>07591 924728</b></p>
Heart of Tamworth	Heart of Tamworth supports people of all ages by providing a range of activities and services from premises in Glascote and Tamworth town centre. Services include community cafe, bereavement support, dementia support, help with addiction, alcohol, drugs and gambling, social and friendship groups.	TBC have supported with a community grant. Frontline officers can signpost clients and members of the public to the services offered by Heart of Tamworth at the Sacred Heart Church and St Johns Church.	<p><a href="#">Supports &amp; Helps Others - Heart of Tamworth Community Project</a></p> <p>Heart of Tamworth Sacred Heart House Silver Link Rd Tamworth B77 2EA 01827 769403</p>
Tamworth Mental Health Network	The network is a group of organisations who meet quarterly to share information on mental health support services, working in partnership to avoid duplication and also explore funding opportunities.	TBC officers attend the Mental Health Network Forum	

This page is intentionally left blank